

Daniel J. M. Fleming, MSc

Curriculum Vitae
Jan 2023

BACKGROUND

Contact Information

Daniel J. M. Fleming, MSc
Ph.D. Student
Utah State University
2905 Old Main Hill
Logan, Utah 84322
Phone: 435-232-7535
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Educational History

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|--------------|---|
| 2019-Present | Doctor of Philosophy
Utah State University, Human Development and Family Studies
Major professor: Travis E. Dorsch, Ph.D. |
| 2018-2019 | Master of Science (December 2019)
York St. John University, Research in Sport
Committee Chair: Sarah Mallinson-Howard, Ph.D. |
| 2015-2018 | Bachelor of Science (November 2018)
York St. John University, Sport Science & Injury Rehabilitation, First Class (Honors)
Dissertation Advisor: Sarah Mallinson-Howard, Ph.D. |

Research Appointments

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| 2020-2021 | Graduate Research Assistant
Human Development and Family Studies
Utah State University |
| 2016-2017 | Undergraduate Research Assistant
Motivation, Perfectionism and Well-Being Research Group
York St. John University, UK |

Professional Memberships

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| 2022-Present | British Association of Sport and Exercise Scientists (BASES) |
| 2020-Present | North American Society for the Psychology of Sport and Physical Activity (NASPSPA) |

RESEARCH

Manuscripts Published

- Fleming, D. J. M.**, Madigan, D., Mallinson-Howard, S., Hill, A. P. (2023). The 2 x 2 model of pressure to be perfect and the development of perfectionism in youth sport. *Psychology of Sport and Exercise*
- Fleming, D. J. M.**, Dorsch, T. E., Serang, S., Hardiman, A. L., Blazo, J. A., Farrey, T., Lerner, J. B., Solomon, J (2022) The association of families' socioeconomic and demographic characteristics with parents' perceived barriers to returning to youth sport following the COVID-19 pandemic. *Psychology of Sport and Exercise*, 65, <https://doi.org/10.1016/j.psychsport.2022.102348>
- Fleming, D. J. M.**, Dorsch, T. E., & Dayley, J. C. (2022). The mediating role of parental warmth in the relationship between pressure to be perfect and perfectionism. *International Journal of Sport and Exercise Psychology*. <https://doi.org/10.1080/1612197X.2022.2058584>
- Liu, Y., Fauth, E. B., **Fleming, D. J. M.**, & Lorenz, B. (2022). Daily sleep and mood among dementia caregivers – The mediation of cortisol total output on high- and low-stress days. *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences*. doi: 10.1093/geronb/gbac074
- Yang R., Liu Y., Jiang Y., **Fleming D. J. M.**, & Fauth, E. B. (2022). Functional limitations before and after cancer diagnosis and contributing factors: Longitudinal findings from the China health and retirement study. *BMC Geriatrics*. 22(1). doi: 10.1186/s12877-022-03060-0
- Dorsch, T. E., **Fleming, D. J. M.**, Hardiman, A. L. (2022) Your parents want you to succeed in sport! Communicate with them often to help them help you. *Frontiers in Young Minds – Neuroscience and Psychology*. 10.3389/frym.2022.660913

Manuscripts Under Review

- Honda, A., Liu, Y., Fauth, E. B., **Fleming, D. J. M.**, Zarit, S. H., Maeta, S., Tsukigi, T., Honda, S (under review) Predictive factors of negative spillover from caregiving to employment among Japanese family caregivers with older relatives in a care facility, *Journal of Nursing Scholarship*
- Hardiman, A. L., **Fleming, D. J. M.**, Dorsch, T. E., Blazo, J. A., Farrey, T., Solomon, J., Lerner Brown, J. (under review). Youth sport participation during the COVID-19 pandemic: The influence of race and affluence on participation experiences. *Journal of Sport and Social Issues*.

Peer-Reviewed Symposia

Hardiman, A. L., Atkinson, O., Eckardt, V. C., **Fleming, D. J. M.**, Dorsch, T. E., Anderson-Butcher, D., Vogt, A. (2022, May). Understanding the Interdependent Nature of Persons and Contexts in Youth Sport: Implications for Future Research, Design, and Delivery of Youth Sport, Symposium to be presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), Kona, Hawaii.

Peer-Reviewed Presentations

Fleming, D. J. M., Dorsch, T. E., Serang, S., Hardiman, A. L., Blazo, J. A. (2022, May) The Influence of Socioeconomic Status and its Effects on Children Returning to Sport Post-COVID-19: The Perceptions of Sport Parents, North American Society for the Psychology of Sport and Physical Activity Annual Conference, Kona, Hawaii

Fleming, D. J. M., Olsson, L. F., Mallinson-Howard, S. H., Dorsch, T. E. (2022, May) Does perfectionism predict sport performance? North American Society for the Psychology of Sport and Physical Activity Annual Conference, Kona, Hawaii

Alexander, K., Blazo, J. A., Parks, A. C., **Fleming, D. J. M.**, Hardiman, A. L., Dorsch, T. E. (2022, May) The impact of parental pressure and parental beliefs about early specialization on beliefs of ability and task values. North American Society for the Psychology of Sport and Physical Activity Annual Conference, Kona, Hawaii

Fleming, D. J. M., Liu, Y., Maxey, M., Fauth, E. B., & Beckert, T. (2021, November). Daily steps buffer the impact of daily stress on mood in youth and middle-aged/older adults, The Gerontological Society of America Annual conference, Phoenix, Arizona.

Liu, Y., **Fleming, D. J. M.**, and Fauth, E. B. (2021, Nov.). Daily cortisol total output mediated sleep and affect among dementia family caregivers. Symposium paper presented at the 73rd Annual Scientific Meeting of Gerontological Society of America, Phoenix, AZ.

Fleming, D. J. M., Dorsch, T. E., Vierimaa, M., & Sullivan, H. (2021, June). A citation network analysis on perfectionism in sport, North American Society for the Psychology of Sport and Physical Activity Annual Conference, New Orleans, Louisiana (Conference moved to online format).

Hardiman, A. L., **Fleming, D. J. M.**, Dorsch, T. E., & Blazo, J. A., (2021, June). Youth sport participation during the covid-19 pandemic: The influence of race and affluence on athlete participation, North American Society for the Psychology of Sport and Physical Activity Annual Conference, New Orleans, Louisiana (Conference moved to online format).

Fleming, D. J. M., Madigan, D., Mallinson-Howard, S. (2020, June). The 2 x2 model of pressure to be perfect and the development of perfectionism in youth sport, North American Society for the Psychology of Sport and Physical Activity Annual Conference, Vancouver, British Columbia (Conference moved to online format).

Fleming, D. J. M., & Dorsch, T. E. (2020, June). The influence of parent warmth on the relationship between perceived pressure to be perfect and youth athlete perfectionism,

North American Society for the Psychology of Sport and Physical Activity Annual Conference, Vancouver, British Columbia (Conference moved to online format).

Blazo, J., **Fleming, D. J. M.**, & Dorsch, T. E. (2020, June). The association of parental pressure and sport enjoyment: Does the parent-child relationship matter? North American Society for the Psychology of Sport and Physical Activity Annual Conference, Vancouver, British Columbia (Conference moved to online format).

Other Scholarly Publications

Technical Reports

Dorsch, T. E., Blazo, J. A., & **Fleming, D. J. M.** (2021). *Understanding youth sport trends during the COVID-19 pandemic*. TeamSnap, 1-65.

Fleming, D. J. M., & Dorsch, T. E. (2020). *Participants and outcomes survey 2020*, Steel Sports Soccer, 1-44.

Research Assistantships

Summer 2022	Research Assistant with Travis Dorsch working on a funded project aimed to examine the who, what, why, where, and when, individuals participate in youth sport in a 4-state area. Data collection, analysis, and writing.
Fall 2021	Research Assistant with Travis Dorsch working on a NASPSPA Student Grant proposal.
Summer 2021	Research Assistant with Travis Dorsch and Jordan Blazo in Human Development and Family Studies. Duties involved data analysis on a private research contract examining trends in youth sport during the COVID-19 pandemic.
Spring 2021	Research Assistant with Elizabeth Fauth and Yin Liu in Human Development and Family Studies, specific focus on gerontology and aging. Main responsibilities include project conceptualization, data analysis, tables, writing, review.
Fall 2020	Research Assistant with Elizabeth Fauth and Yin Liu in Human Development and Family Studies, specific focus on gerontology and aging. Main responsibilities include project conceptualization, data analysis, tables, writing, review.

GRANTS AND RESEARCH CONTRACTS

Awarded

Dorsch, T. E., Blazo, J. A., & **Fleming, D. J. M.**, (2021, March). Co-Investigator on a research contract titled: *Understanding the impact of COVID-19 on youth sport participation in the United States*. TeamSnap: \$20,499.

Submitted

Fleming, D. J. M., Dorsch, T. E. (2022, May) The Effects of Perfectionistic Reactivity on Well-being, Burnout, and Performance in NCAA Student-Athletes: A Mixed-Methods Study. NCAA: \$7,500

TEACHING

Instructor of Record

HDFS 1500 Human Development across the Lifespan	Fall 21 (187 Students), Spring 22 (92 Students) Fall 22 (110 Students)
KIN 4000/PSY 4000 Mental Aspects of Sports Performance	Fall 22 (54 Students)

Graduate Teaching Assistant

Classroom Instruction

HDFS 3570 Youth & Adolescence	Spring 2020
HDFS 2660 Parenting and Child Guidance	Spring 2020
HDFS 1500 Human Development Across the Lifespan	Fall 2019

Online Instruction

HDFS 1500 Human Development Across the Lifespan	Spring 2021 Fall 2020
HDFS 3570 Youth & Adolescence	Summer 2020
HDFS 4220 Family Crisis and Intervention	Fall 2019

Guest Lectures

Spring 2022	HDFS 1500 Human Development Across the Lifespan <i>Physical and Cognitive development in Infancy</i>
Fall 2021	HDFS 1500 Human Development Across the Lifespan <i>The Development of Perfectionism – The Role of Social Agents</i>
Fall 2021	KIN 5200 Human Motivation in Physical Activity Contexts <i>Perfectionism in Sport – Origins, History, and Current Concepts</i>
Fall 2020	KIN 6050 Psychological Aspects of Sports Performance

Perfectionism in Sport - Origins, History, and Current Concepts

Fall 2020	HDFS 1500 Human Development Across the Lifespan <i>Physical Development in Adolescence</i>
Fall 2020	HDFS 1500 Human Development Across the Lifespan <i>Socioemotional Development in Adolescence</i>
Spring 2020	HDFS 2660 Parenting and Child Guidance <i>Parenting Styles and Family Theories</i>
Fall 2019	HDFS 1500 Human Development Across the Lifespan <i>Physical Development in Early Adulthood</i>

Invited Professional Lectures

Spring 2021	York St. John University Alumni Webinar Series <i>Alumni Journeys: Creativity, Careers, and Community</i>
Spring 2021	Utah State Track & Field Team – Workshop III <i>Perfectionism in Sport</i>
Spring 2021	Utah State Track & Field Team – Workshop II <i>Precompetitive Anxiety – What it is, and how to deal with it</i>
Fall 2021	Utah State Track & Field Team – Workshop I <i>Motivation & Achievement Goal Theory</i>

Professional Development Workshops Attended

Spring 2022	North American Society for the Psychology of Sport and Physical Activity - Pre-Conference Workshop: Teaching Network – “Making your teaching and mentoring more inclusive: Equity and diversity considerations and suggestions”
Spring 2022	Utah State University Human Development and Family Studies Graduate Instructors Forum, Bi-Weekly Seminars
August 2021	Attended the Utah State University ‘Empowering Teaching Excellence’ Virtual Conference
Fall 2021	Utah State University Human Development and Family Studies Graduate Instructors Forum, Bi-Weekly Seminars
Spring 2021	Utah State University Human Development and Family Studies Graduate Instructors Forum, Bi-Weekly Seminars
Fall 2020	Utah State University Human Development and Family Studies Graduate Instructors Forum, Bi-Weekly Seminars

MENTORING

Mentoring

Fall 2021 – Summer 2022 Lead the Utah State Families in Sport Lab Undergraduate Research Assistant Recruitment, Development, and Assignments

Undergraduate Research Assistants and Student Outputs

Andy Stubbs, Human Development & Family Studies (2022 – Present)

- CITI Training
- Data collection – Dissertation - Quantitative

Claire McCallum, Human Development & Family Studies (2022 – Present)

- CITI Training
- Data collection – Dissertation - Qualitative

Dakota Cobler, Human Development & Family Studies (2022 – Present)

- CITI Training
- Data collection – Dissertation - Quantitative

John Coleman, Human Development & Family Studies (2021-Present)

- CITI Training
- Data collection – Dissertation - Quantitative

Justin Hodges, Human Development & Family Studies (2021-Present)

- CITI Training

Helen Sullivan, Human Development & Family Studies (2019-Present)

- CITI Training
- Sullivan, H., **Fleming, D. J. M.** (2021, April) A Citation Network Analysis on Perfectionism in Sport, Utah State University Student Research Symposium, Poster Presentation, Logan, Utah
- Undergraduate Teaching Assistant – Fall 2021 HDFS 1500
- Data collection - Dissertation – Quantitative

SERVICE

Elected Positions

May 2021-May 2022 Utah State University International Student Council Vice President of Recreation, Technology, and Service

Campus Service

April 2021 Utah State University Student Research Symposium Presentation Judge

Peer Reviewer

Summer 2022	<i>BMC Health Services Research</i>
Fall 2021	<i>Psychology of Sport and Exercise</i>
Summer 2021	<i>Journal of Sport Science and Medicine</i>
Fall 2020	<i>Journal of Personality and Individual Differences</i>

Advising and Consulting

January 2021-Present	Statistical & Academic Consultant - Spotivity
August 2021-Present	Utah State Track and Field Volunteer Assistant Coach
March 2021	Utah State University Human Development and Family Studies Board of Agents Review
April 2018 - April 2020	United Kingdom Anti-Doping Agency Accredited Advisor

Professional Service

Summer 2022	Assistant Volunteer to Executive Director – NASPSPA
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Research Translation

- Dorsch et al. (2016) Parent Involvement in Young Adults' Intercollegiate Athletic Careers: Developmental Considerations and Applied Recommendations
- Dorsch et al., (2021) Developing an organizational mission statement in youth sport: Utilizing mad libs as a novel, shared leadership approach
- Dorsch et al. (2018) Parent Education in Youth Sport: A Community Case Study of Parents, Coaches, and Administrators
- Osai et al. (2020) "To Be, or Not to Be, That is the Question": Modeling and Differentiation Among Siblings Participating in Organized Youth Sport
- Kaye et al. (2021) Informant variance in perceptions of student-athlete/parent relationship qualities.

AWARDS AND RECOGNITION

January 2023	Utah State University HDFS Graduate Teacher of the Year
April 2022	CEHS HDFS William H. and Stella Young Griffiths Graduate Scholarship

January 2022	CEHS Graduate Student Research Award
July 2021	Academic All Mountain West
July 2021	Mountain West Scholar-Athlete
April 2021	Utah State International Student Council Executive Council Scholarship
April 2021	Utah State Male Student-Athlete of the Month
April 2021	Utah State Athletics Whiteside Scholar (awarded to USU student athletes with a 3.2 GPA or higher)
April 2021	CEHS HDFS Harriet Ann Richards Rasmussen Scholarship
July 2020	Academic All Mountain West
July 2021	Mountain West Scholar-Athlete
April 2020	Utah State Athletics Whiteside Scholar (awarded to USU student athletes with a 3.2 GPA or higher)
April 2020	CEHS HDFS William H. and Stella Young Griffiths Scholarship
August 2018	Nestle Scholarship for MSc by Research in Sport