

Master of Fitness Promotion (MFP)
2025-2026 Catalog Year
Plan C/Professional
36 Credits

Course Information				Course Availability				
Course Number	Course Name	Credits	Instructor	Fall	Spring	Summer	Notes	
Required Courses:								
<input type="checkbox"/>	KIN 6300	Seminar in Human Movement Sciences	1	Studenka	X		Take 1st year	
<input type="checkbox"/>	KIN 6610	Topics in Biomechanics	2	Louder	X			
<input type="checkbox"/>	EDUC 6040	Applied Research Methods	3	Suarez	X			
<input type="checkbox"/>	EDUC 6050	Applied Statistical Analysis	3	van Dijk		X	X	
<input type="checkbox"/>	KIN 6500	Practicum in Corporate Wellness (6 credits required)	1 - 10	Jensen	X	X	X	6 credits required
Choose one of the following:								
<input type="checkbox"/>	KIN 6410	Bioenergetics and Exercise Metabolism	2	Wagner	X			
<input type="checkbox"/>	KIN 6480	Advanced Neuromuscular Exercise Physiology	2	Thompson	X			
<input type="checkbox"/>	KIN 6490	Advanced Cardiovascular Exercise Physiology	2	Heath		X	Odd Years	
Choose one of the following:								
<input type="checkbox"/>	KIN 6840	Fundamentals of Motor Behavior	2	Studenka		X		
<input type="checkbox"/>	KIN 6850	Neural Aspects of Rehabilitation	2	Bolton		X		
Electives: (17 credits)								
<input type="checkbox"/>	EDUC/PSY 6600	Statistical Foundation	3	Knowles	X	X	Pre-requisites	
<input type="checkbox"/>	EDUC/PSY 7610	Regression Analysis	3	Knowles	X	X	Pre-requisites	
<input type="checkbox"/>	HEP 6000	Advanced Program Planning and Evaluation for Public Health	3	DasGupta; DuBois		X	X	Requires Instructor Approval
<input type="checkbox"/>	HEP 6800	Health Behavior	3	Waite	X		Requires Instructor Approval	
<input type="checkbox"/>	NDFS 6200	Nutrition Epidemiology	3	Duward	X		May require Instructor Approval	
<input type="checkbox"/>	NDFS 6210	Advanced Public Health Nutrition	3	Gupta		X	May require Instructor Approval	
<input type="checkbox"/>	NDFS 6320	Advanced Sports Nutrition	3	Norris	X		May require Instructor Approval	
<input type="checkbox"/>	KIN 6050	Psychological Aspects of Sports Performance	3	Pynn	X		Even Years	
<input type="checkbox"/>	KIN 6410	Bioenergetics and Exercise Metabolism	2	Wagner	X			
<input type="checkbox"/>	KIN 6425	Exercise in Extreme Environment	2	Wagner		X	Odd Years	
<input type="checkbox"/>	KIN 6440	Body Composition	2	Wagner		X	Even Years	
<input type="checkbox"/>	KIN 6460	Exercise Electrocardiogram Interpretation	2	Heath		X	Even Years	
<input type="checkbox"/>	KIN 6480	Advanced Neuromuscular Exercise Physiology	2	Thompson	X			
<input type="checkbox"/>	KIN 6490	Advanced Cardiovascular Exercise Physiology	2	Heath		X	Odd Years	
<input type="checkbox"/>	KIN 6840	Fundamentals of Motor Behavior	2	Studenka		X		
<input type="checkbox"/>	KIN 6850	Neural Aspects of Rehabilitation	2	Bolton		X		
<input type="checkbox"/>	KIN 6900	Independent Study	1 - 3	Bressel	X	X	X	Requires a agreement/contract with a KHS faculty mentor prior to registration.

Please Note: Students may take courses not listed here to count towards their degree with prior approval from your major professor and committee.