

## MIND-BODY WELLNESS REQUIREMENTS

### Required Courses

#### Must complete all the following

- HEP 2500
- HEP 3400
- KIN 3700
- NDFS 1020
- NDFS 2020
- RAM 1500

#### NOTE:

- NDFS 1020 must be completed before NDFS 2020
- KIN 3700 taught spring only
- NDFS 2020 taught spring only
- **This certificate is only available to fully complete at the Logan main campus.**

#### CERTIFICATE REQUIREMENTS:

- **Admission:** Must be admitted to USU
- **Graduation GPA & Grades:** 2.0 GPA overall GPA.
- All courses required for the certificate require a letter grade (e.g., A, A-, B+, B, B-, etc.). Pass/Fail grading is not permitted for the minor courses.

#### IMPORTANT DISCLAIMER:

This worksheet is for supplemental use only. Your official graduation tracking is on Degree Works ([my.usu.edu](http://my.usu.edu)) and through your academic advisor. Course offerings are subject to change.