

Scot Allgood Receives UAMFT Lifetime Achievement Award

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Scot Allgood (left) and DJ Zolman

Dr. Scot Allgood, professor and head of the department of Human Development and Family Studies in the Emma Eccles Jones College of Education and Human Services at Utah State, was recently presented with a lifetime achievement award by the [Utah Association for Marriage and Family Therapy \(UAMFT\)](#).

Throughout his career in the field of marriage and family therapy, Allgood has been on the UAMFT board of directors for three non-consecutive terms and served as president for three years. He has been a marriage and family therapy faculty member at Utah State for 30 years and a program director for 10 years. Allgood has also served eight years on the state licensing board, seven of them as chair.

Dr. Allgood was presented with this prestigious recognition by DJ Zolman, current UAMFT board member and alumni of the USU Marriage and Family Therapy program, at the association's spring conference in May 2022.

According to their website, the mission of UAMFT is to provide individuals, couples, and families with education and access to excellent therapy while connecting therapists to one another to help support and advocate for the marriage and family therapy profession and its practitioners. Allgood's receipt of the lifetime achievement award recognizes his longstanding dedication to the field of marriage and family therapy, as well as his contributions to the education of future MFT professionals.

Dr. Allgood received his PhD in Marriage and Family Therapy from Brigham Young University in 1988 and practiced family therapy for 30 years. At Utah State, he teaches an undergraduate course in family crisis and intervention, as well as an assortment of graduate courses in marriage and family therapy. His current research focuses include rituals in marriage and family relationships (especially new marriages and adoptive families), family therapy and education interventions, and healthy relationships with an emphasis on father-daughter relationships, spirituality, and adoption.